MONTHLY



WEEKEND WEATHER TODAY: Mostly to partly cloudy NNE winds @ 12-18 knots High:75 Low:64 SATURDAY: Mostly cloudy isolated rain showers E-NE winds @ 10-12 knots

SUNDAY: Mostly cloudy N-NNE winds @ 12-18 knots High: 73 Low: 64

EXCHANGERATES JG: \$1=¥108 SFI I ING:¥111=\$1

AEIS 5th graders practice science with Kadena units

18th Wing Public Affairs

Twenty students from Amelia Earhart Intermediate School got the chance to put science to practice with the help of the 18th Aerospace Medicine Squadron's Physiological Training flight and the 18th Logistic Readiness Squadron's Cryogenic flight.

. Vicki Spain, 5th grade teacher at Amelia Earhart, said her class started off by visiting the physiological training flight to learn about the effects of pressure on the human body.

Staff Sgt. Annie Witte, one of the classes guides through the physiological training flight, said the students got to see the hypobaric chamber, which is used for altitude training on pilots and the barany chair, which demonstrates spatial disorientation and illusions caused by fluid inside the ear.

"It's fun to see the kid's reaction when they get spun in the barany chair," she said.

The students also tried on a pair of night vision goggles to see how combat units maintain superiority during darkness.

After a few other demonstrations, Ms. Spain's class walked over to the 18th LRS's Cryogenics flight for some demonstrations on the effects of liquid nitrogen on various items.

Irvin Pigott dipped in a few racquetballs and showed the students what -325 degrees Farenheit does to rubber.

The two also demonstrated how gas expands with heat by filling a water bottle with liquid nitrogen and tighting the cap. After a quick toss, the bottle exploded with a pop as the students cheered.

But one of the most popular demonstrations of the day was the liquid nitrogen ice cream taste test.

Tech. Sgt. Donald White brought out a pan full of cream and sugar and added in some liquid nitrogen.

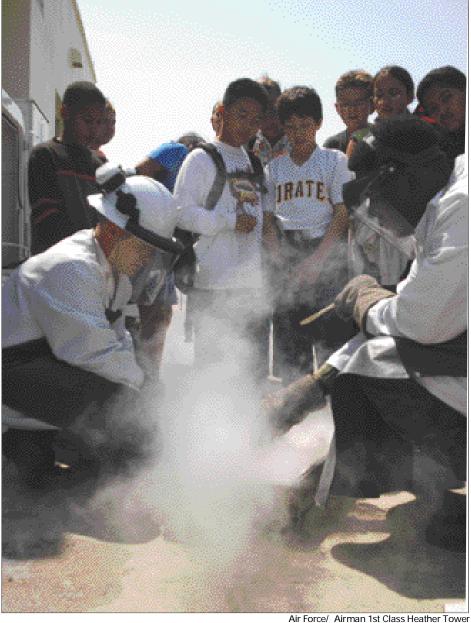
After a brief stirring, White served the ice cream to the curious students. The mix was an instant

Lilibeth Capati, daughter of Master Sgt. Franklin Capati of the 18th Comptroller Squadron, said the ice cream tasted better than some ice cream sold in stores.

"This is pretty good," she said. "They should think about selling this at the commissary.

As the students headed home, one of the classes chapperones, Staff Sgt. Paul Canevit, father of 11-year-old Shelby Canevit, said the field trip was a great learning experience for the students.

'It was a good opportunity for the students to put scientific theory into practice.'



Senior Airman Matt Porter and Senior Airman Irvin Pigott, 18th Logistics Readiness Squadron, demonstrate the effects of liquid nitrogen on various objects to a group of fifth graders from Amelia Earhart Intermediate School March 12.

Kadena continues help with Okinawa's water shortage

By Master Sgt. Adam Johnston 18th Wing Public Affairs

Plans to reduce water pressure at U.S. military bases in Okinawa beginning March 29 are being finalized top officials said Thursday.

The plan follows an announcement Monday by Okinawa officials that water service island-wide will be suspended nightly from 10 p.m. to 6 a.m. beginning March 29. The final decision to suspend nightly water service will be made Monday.

The reduced water pressure plan is the latest move by U.S. military officials in a campaign that began in January to help save water on Okinawa.

"We are banking on reduced pressure and voluntary water conservation in the work place and at home to meet the Drought Countermeasures Council goal," Col. Steven K. Lillemon, 18th Civil Engineer Group commander, said Thursday.

See WATER, Page 4.

27 Kadena senior NCOs to sew on senior master sergeant stripes

By Staff Sgt. Jason Lake 18th Wing Public Affairs

Nearly 30 of Kadena's master sergeants got word Thursday they would be sewing on a new rank in the upcoming months after the Air Force Personnel Center released the results of the 2004 senior master sergeant

The 27 master sergeants on the promotion list include: Stephen Gregory, 353rd Special Operations Group; Kevin Bobenrieth, 17th Special Operations Squadron; Aller Delarosa, 554th Red Horse; Robert Wirt, 554th RH; Michael Morelli, 18th Munitions Squadron; Shawn Foster, 18th Wing; Elizabeth Melahn, 18th Mission Support Squadron; Debbie Pietrowski, 18th MSS; Maria Tafoya, 18th MSS; Stuart Jenkins, 18th Maintenance Group; Charles Stiefken, 18th Operations

Group; Samuel Couch, 18th Aircraft Maintenance Squadron; Willie Ford, 18th AMXS; William Powell, 18th AMXS; George Hauck, 18th Logistics Readiness Squadron; Antonio Sixon, 18th LRS; Ricky Stone, 18th LRS; David Ackerman, 18th Component Maintenance Squadron; Guy Ragan, 18th CMS; Lance McLaughlin, 18th Equipment Maintenance Squadron; Martin Meade, 18th Contracting Squadron; Anthony Young, 18th Dental Squadron; Charles Webb, 18th Medical Operations Squadron; Ariel Laranang, 718th Civil Engineer Group; Edward Dodds, 18th Civil Engineer Squadron; Thomas Shumpert, 18th CES; Daniel Arvin, 18th Security Forces Squadron; Johnnie Smith, 18th Services Squadron; Antonio Kitt, 390th Intelligence Squadron; Robert Richmond, 390th IS;

See STRIPE, Page 4



Simple tips for a healthy family reunion after a deployment

Compiled by the Family Support Center staff

A great deal of attention is paid to the separation side of a military deployment, but the return and reunion with family and partners can be just as stressful - if not more.

The difficulties and strains of return can be surprising and sometimes painfully disappointing to military families. But there are steps you can take to make the transition back as joyful and stress-free as possible.

When you and your spouse are reunited:

- Avoid tight schedules: Servicemembers often look forward to fewer demands on them.
- Understand the servicemembers discomfort: Some discomfort in communicating, eating or sleeping, or some sexual tension doesn't mean your spouse is unhappy with you or the family.
- Allow time to adjust: Don't expect the service member to do things exactly as before.
- Stick to your budget: Don't spend money you don't have. The service member may not remember how much money the family needs.
- Expect unusual feelings: The service member may be a little hurt by your success at the home. This is natural. Everyone likes to feel needed.

To ease the transition with your children, you should consider the following tips:

• Give them time, too: When a parent has been away, it takes a while to remember and accept the parent again. Young children may also be mad at a parent for leaving them. Babies may be afraid of a parent they've rarely seen.

- Expect them to test limits: When a parent returns, its natural for children to find out how things have changed by acting up a little, or a lot.
- Plan family time: Make time for a trip or a special meal. It helps bring the family back together.
- Plan individual time: Plan some special time for the child and returning parent to get reacquainted.
- · Stay involved with school, activities and interest: It's important for parents to get involved in their children's lives. Ask them about what's going on and support their positive efforts.
- Seek professional help if you think there is a problem: Some anger and tears may be expected after a long difficult deployment. Excessive anger, fighting and violence are signs that you need help. Don't feel that you have to solve serious emotional problems on your own. Seek help from chaplains, friends, family members, or the Life Skills Center. There is also a Joint Services Help Line available if you want to talk. Call 634-HELP (4357) if you live on base, or call 938-0992 if you live off base. There is also a spouse help line and teen line available at 634-3123 and 634-2273 respectively.

Kadena family readiness programs

Kadena Family Readiness has several programs that try to ease the difficulties of your spouse's deployment. The following programs are here just for you so please take advantage of the many opportunities at your service.

Car care because we care: This is a preventative maintenance program working in conjunction with Kadena Auto Skills. Spouses of deployed personnel can receive a free oil change, have all fluids topped off and have a safety and road inspection. This program is available to those whose spouse is deployed for more than 30 days.

Give parents a break: This program is designed to provide relief while your spouse is deployed. On the second Saturday of each month, you can receive up to five hours of free child care between the hours of 6 and 11 p.m. Children ages six months to five years will be cared for at the child development centers, while children between the ages of six and 12 will be watched at the Youth Center.

Morale calls and video-teleconferencing calls: The Family Support Center can make a morale call during normal duty hours (7:30 a.m. to 4:30 p.m.) or after duty by appointment. You are also authorized one 15-minute call a week from your home. To access the morale call operator, just dial 632-HOME and tell the operator that you'd like to make morale call to your deployed spouse and provide the DSN number. The

center also has video-teleconferencing capability that

allows you to view your deployed family member on

television while talking to them on the phone. **Yellow ribbon:** This program consists of a coupon

booklet that includes a discount on childcare at the CDC, two \$5 off coupons at Kadena's clubs, three free games of bowling and a free local tour from Kadena Information, Tickets and Travel.

ACTION LINES

E-mail: 18wg.cchotline@kadena.af.mil



Brig. Gen. Remington

The 18th Wing is very interested in ideas that can make Kadena an even better place to live, work and

If you have a concern that you have been unable to resolve through

normal chains of command, then we'll look into it.

Although not required, it's better to give commanders, first sergeants or the agencies with which you have the concern the opportunity to correct the situation first. When that fails, send us an e-mail. Include your name and telephone number so someone can get back to you, and a brief summary of your concern.

Disappearing telephones?

Why are all the common area telephones being removed?

Several common area "courtesy" phones are no longer available.

Courtesy phones with on-base dialing capability are provided at many common-area locations throughout the base by the 18th Communications Squadron.

Unfortunately, these phones sometimes suffer from accidental damage or outright theft.

We've double-checked our courtesy phones and discovered several

| 645-4301 |
|----------|
| 633-4570 |
| 634-3002 |
| 634-3640 |
| 634-1996 |
| 634-0404 |
| |

that were damaged or missing.

We also discovered that a few had been removed at the request of facility managers due to a billing error where the occupants of the facilities had been charged for the lines.

We've corrected the billing error and will reimburse the appropriate accounts as appropriate, and also repaired or replaced other missing phones.

The Communications Squadron asks everyone to please report any non-working or missing courtesy phones to the telephone trouble reporting office at 114 or telephone customer service at 634-3215.

| Home Telephone Helpline | 634-4080 |
|-------------------------|----------|
| Housing Maintenance | 634-HOME |
| Kadena Services | 634-1719 |
| Medical and Dental | 630-4785 |
| Safety | 634-SAFE |
| Security Forces | 634-1397 |



18th Wing Commander.....Brig. Gen. Jeffrey Remington Public Affairs Chief....Lt. Col. Kevin Krejcarek Deputy Public Affairs Chief.. ...Capt. CK Keegan Public Affairs Superintendent....Master Sgt. Brad Carder

Kadena Air Base Editorial Staff Internal Information Chief.....Master Sgt. Adam Johnston Editor.....Staff Sgt. Jason Lake Editor...

Published by Print 21, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 18th Mission Support Group. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services overseas.

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All copy and other printed material is handled by 18th Wing Public Affairs, Building 128, Kadena Air Base, Japan. The mailing address is 18WG/PAI, Unit 5141 Box 30, APO AP 96368-

5141. Phone DSN 634-3457/5665. Fax 634-2344.
The submission deadline for information to be printed in The Kadena Shogun is 4:30 p.m. on Fridays, seven days before the desired print

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SHOGUN WARRIOR OF THE WEEK



Airman 1st Class Jeremy Vlach

18th Comptroller Squadron, Customer Service technician Hometown: Rochester, Minn.

Reason for nomination: Throughout the year, Airman Vlach has serviced more than 6,000 customers at the 18th Comptroller Squadron customer service desk. He also developed a method to transfer pay reports directly to Microsoft Excel, making reports more flexible and user friendly. Time at Kadena: 1 year, 7 months

Editor's note: Shogun Warriors are selected by unit leaders for their outstanding value to their unit and dedication to the Kadena mission. To nominate someone, send the name of your nominee to your unit commander or senior enlisted leaders.

C O M M U N I T Y



MONEYMATTERS: Base officials recommend current customers of Americable stop allotments for paying bills to prevent future pay problems. Allotments for the new company will be available once it has the capability. Customers who wish to cancel an allotment should visit the 18th Comptroller Squadron and pickup the required paperwork.

COURTMARTIAL: A senior airman from the 18th Maintenance Squadron was convicted at a summary court martial March 9. The Airman was convicted of causing an off-base accident while driving drunk, being drunk and disorderly to authorities and derelection of duty for driving without current property damage insurance in violation of Articles 111, 134 and 92. He was sentenced to 10 days confinement, demoted to airman first class and given 20 days hard labor without confinement.

SCHOLARSHIP APPLICATIONS: The Kadena Top 3 Association is accepting applications for their first quarter junior enlisted scholarship program. All services, grades E-1 through E-4 nominated by a Top 3 member are eligible. Applications are due by Monday. For an application or more information, call Master Sgt. Brett Workman at 634-0239, or e-mail brett.workman@kadena.af. mil.

HOMEBUSINESSES: The family support center is looking to hear from home businesses to be part of a new yellow pages project. To be included in the publication, e-mail oehring@kda.attmil.ne.jp.

FLUSHOTS: The U.S. Naval Hospital at Camp Lester is offering flu shots at the immunization clinic from 8 a.m. to noon and 1 to 4 p.m.,

Monday through Wednesday and from 8 a.m. to 11:30 p.m. Thursday.

BRIEF

SCIENCEFAIROPENHOUSE: Amelia Earhart Intermediate School hosts its annual science fair open house from 6 to 7 p.m. March 24 inside the information center.

OFFICE CLOSURES: Kadena telephone customer service, telephone trouble reporting and communication cable digging permit offices will close at 11 a.m. on March 26 for a unit function. Customers wishing to pay bills may continue to do so at the 18th Comptroller Squadron in Building 721-C. For more information, call 634-1005.

SCHOOL PLAY: A murder mystery play, "The Woman at Dead Oaks," will be performed by Kadena High School students at 7:30 p.m. tonight and Saturday at Kadena High School. Cost is \$3 for admission.

CHAPELCHANGES: Kadena's Gospel service and General Protestant service will switch chapels permanently March 28. The Gospel service will move to Chapel 3, while the General Protestant service will move to Chapel 2. Both services begin at 10:30 a.m. on Sundays.

SPRINGBREAKTRIP: There will be a spring break trip to Tokashiki Island April 5-10 sponsored by the Kadena Chapel & Malach Ministries. The cost is \$295 per person and is open to SOFA status high school students. For more information, visit www.shorebreak04.com or call 634-9600

Don't leave candles unattended



Courtesy photo

Kadena firefighters responded to this fire at a dormitory at Camp Shields last weekend. According to reports, the resident left a candle unattended for a few minutes and came back to see the window drapes on fire. Officials remind base residents to keep candles away from flammable items and always blow them out before leaving your quarters.

GOT A GOOD COMMUNITY INTEREST STORY? CALL 634-5665



18th SFS continues zero tolerance campaign

By Staff Sgt. Jason Lake 18th Wing Public Affairs

"We're still catching people for not doing the right thing," Tech. Sgt. Brian Gates, 18th Security Forces Squadron, said Tuesday regarding the zero tolerance seatbelt and speeding campaign.

It's been three months since the 18th SFS started its campaign to enforce 100 percent seatbelt use and speed limit enforcement, but some people still do not comply with the policy.

Sergeant Gates said that security forces officials continue to be on the lookout for speeders, while the 18th Wing Safety office continues to hold random seatbelt checks every month.

In December, Brig. Gen. Jeffrey Remington, 18th Wing commander signed a zero tolerance policy for seatbelt use, mandatory motorcycle safety equipment wear and speed limit enforcement.

Earlier in October, Gen. William Begert, Pacific Air Forces commander, issued a letter to wing commanders asking for stiffer penalties for those who failed to follow proper safety equipment standards.

Begert explained that the policy was a result of numerous vehicle-related deaths within PACAF that could have been prevented with proper safety practices.

Law of the land

According to the letter issued by authorities, violators can expect the following punishments if they are caught speeding or not wearing their seatbelt:

For speeding 20 km or more than the posted speed limit inside military family housing areas and school zones, violators can expect to have their driving privileges suspended for a week on the first offense; 30 days the second offense and 90 days for the third and subsequent offenses.

For speeding 20 km or more than the posted speed limit outside military family housing areas and school zones, violators can expect to have their driving privileges suspended for 3 days for the first offense; one week the second offense and 30 days for the third and subsequent offenses.

For failing to wear the required safety equipment (motorcycle safety gear, seatbelts, etc.), violators can expect to have their driving privileges suspended for one week the first offense; one month the second offense and one year for the third offense within an 18-month period.

STRIPE

Continued from Page 1

Jeremy Grider, 353rd Maintenance Squadron; Carlos Walton, 353rd MXS; Christopher Howard, 353rd Operations Support Squadron; Kristopher Krenzke, 353rd OSS; Sheila Bowles, 733rd Air Mobility Squadron; Kenneth Lee, 733rd AMS; Maria Aresbanez, 311th Human Systems Wing.

The promotion rate for master sergeants at Kadena this year was more than 11 percent, while Pacific Air Forces averaged 12 percent with Misawa Air Base averaging more than 16 percent and Yokota averaging more than 13 percent. The Air Force average was more than nine percent of 16,516 people eligible (1,566 promoted).

The average score for those selected was 671.72, with an average time in grade and time in service of 4.70 and 20.15 years respectively. The average score was based on the following point averages:

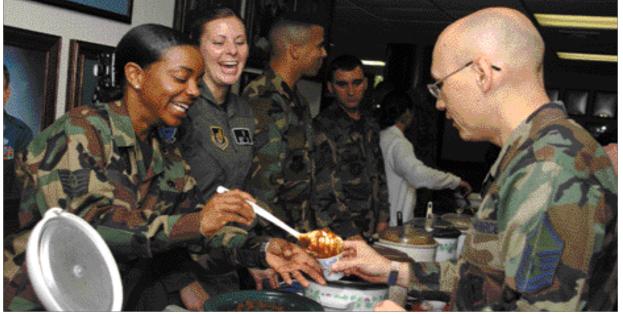
- 134.98 for enlisted performance reports.
 - 34.02 for time in grade.
 - 21.17 for time in service.
 - 20.47 for decorations.
- 69.13 for Air Force supervisory examination.
 - 391.95 for board score.

Those selected will be promoted to senior beginning in April.

The complete list of selectees will be posted on the the Air Force Personnel Center's web page, http://www.afpc.randolph.af.mil/e prom/ Saturday.

Last year 40 master sergeants were selected at Kadena for promotion to senior master sergeant.

Chili cook-off



Air Force/ Chiaki Iramina

Tech. Sgt Stacie Parker, 18th Mission Support Group serves chili to Master Sgt. Kenneth Trawick, 18th MSG during a Kadena 56 Club chili cook-off at the Erwin Professional Military Education Center Monday. Staff Sgt. Antonio Manning took first place in the competition and was awarded a \$50 gift certificate from the Army Air Force Exchange Service. Staff Sgt. Amanda Anderson, 18th MSG, was given a \$25 gift certificate from AAFES for having the second best tasting chili. Tech. Sgt. Tracy Flax, 18th MSG, took home a \$15 gift certificate from AAFES getting third place.

WATER

Cointinue from Page 1

The council has set a goal to reduce water consumption Okinawa-wide by 10 percent.

Colonel Lillemon emphasized that if the measures do not produce a 10 percent reduction or the council calls for increased savings in response to decreasing reservoir levels, more stringent measures will be implemented.

"The key is for all base workers and residents to conscientously implement the recommended conservation measures both at work and at home." he said. Since January U.S. military officials have been discussing ways to help Okinawa save water after supplies in locals dams started dropping.

On Monday, Okinawa's water reservoirs held 35.5 million tons, or 47.4 percent of capacity, according to published reports.

On Thursday military and AAFES officials agreed to close automated car washes during the week to help conserve water.

The facilities will be open on the weekends and are the only authorized locations for car washes following a Feb. 3 limitation by military officials that banned car washes and lawn watering in military housing areas and dormitories at all military bases on Okinawa.

Okinawa implemented similar water rationing steps from Jan. 28 to March 1, 1994.

The island's water supply was also turned off in 1989 for 24 hours every other day for 52 days according to published reports.

As of Thursday plans were being finalized for Kadena, Chibana and O'Donnell Gardens to reduce water pressure to avoid complete shut off of the distribution according to officials.

Top Airmen at Kadena on Thursday were also working with top Marine officials to develop similar plans for water conservation at Marine camps and housing areas throughout the island where adequate on-base water storage capacity exists.

Stress levels high among servicemembers

American Forces Press Service

WASHINGTON — Military deployments and other activities that keep servicemembers away from home are upping stress levels among people in uniform, a new Defense Department survey reveals.

The 2002 Survey of Health Related Behaviors Among Military Personnel, released March 8, showed that about one-third of the servicemembers who responded to the confidential survey feel stressed-out because of their work. Of these, 19 percent cited deployments and family separations as top stress sources.

More than 40 percent of military women surveyed reported being under a "great deal" or "fairly large amount" of stress related to being a woman in the military.

The survey incorporated anonymous responses from 12,500 active-duty sertions. Respondents were selected randomly to provide a cross section of men and women in all pay grades of the active force worldwide, officials said.

The survey revealed that 85 percent of those questioned deal with their stress in positive ways. Many said they talk with others to get advice about issues troubling them, play sports or engage in a hobby. About half the men and 70 percent of the women said they pray to help them cope.

However, other respondents said they sometimes turn to unhealthy outlets. Forty percent of the men and about half of the women use food and more than 25 percent use alcohol or cigarettes as a way of coping.

This year's survey showed the first increase in smoking in the last 20 years. One-third of the respondents said they smoke cigarettes, compared to 29.9 percent during the last survey, conducted in 1998. Officials said the rate is comparable to that among civil-

Heavy drinking was also up among servicemembers, from 15.4 percent in 1998 to 18.1 percent in 2002. Officials defined heavy drinking as consuming five or more drinks per occasion at least once a week.

Younger servicemembers reported the heaviest alcohol use: 27 percent of those ages 18 to 25 acknowledged heavy alcohol use, almost double the rate among civilians in the same age group. Among servicemembers 26 and older, the rate was 9 percent, comparable to that of civilians in their age group.

The survey revealed that illegal drug use among servicemembers has remained significantly lower than in the general population, officials said. Just 3 percent of the survey respondents said they had used illegal drugs within the past 30 days. This compares to about 12 percent in the general pop-

Defense Department officials are concerned about the increases in smoking and heavy alcohol use among mem- but not necessarily surprised, said Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs.

"These findings, along with indicators of stress and other similar mentalhealth indicators obtained in this survey, are not entirely surprising given the military's role in worldwide events throughout the past two years," he

Despite reporting elevated stress levels, the survey revealed that most servicemembers are happy with their work. An estimated 65 percent of the respondents said they were "satisfied" or "very satisfied" overall with their current work assignment.

Airmen reported the highest satisfaction level, 72 percent, and Soldiers the lowest, 60.9 percent.

Officials studying how best to adjust force posture overseas

American Forces Press Service

WASHINGTON - Defense officials are examining how best to adjust force posture to meet future threats and hope to come to some conclusions in coming months, a top official looking at the problem said.

"We think there are some important changes that ought to be made," Deputy Assistant Secretary of Defense for Strategy Andy Hoehn said in an interview about the global posture review.

He explained that top officials are now engaged in a deliberate process to make these decisions while staying mindful of possible impact on communities, forces and allies.

U.S. military forces overseas, particularly in Europe, still reflect Cold War arrangements. Those forces were stationed there to repel a communist attack on European allies. U.S. and allied forces were arranged to be ready to fight where they were stationed

From a decade or more of experience, American military leaders have now come to understand they don't always know where they'll have to fight. "In fact," Hoehn said, "it's more likely that we won't know where we're going to fight and that we'll have to move our forces to the fight.

This need for a "surge capacity" is driving the need to have forces arranged in a more flexible posture.

These changes will be a lot more involved than just moving forces from one location to another. We're not necessarily looking at creating new concentrations in different places, but really to have greater flexibility in the arrangements that we have, Hoehn said.

Another concern officials keep in mind as they're considering alternatives is the impact any changes would have on service members and their families. Defense leaders especially want to bring predictabili-

"As it is today, we have a number of different personnel systems. We have individual replacements going to some parts of the world; we have unit replacements in other parts of the world; we have individuals that are assigned to places like Europe, but they're deploying from Europe to other areas,' Hoehn explained. "This all creates turbulence; it creates an unintended impact."

He said officials are working to create a global force management system that "brings more reliability and predictability into the system so that the service members know what they're going to be confronting.'

This will bring the added benefits of students having to change schools less often and spouses having the opportunity to pursue more career opportunities.

Another motivating factor in upcoming changes in posture is building opportunities and facilities for

joint and combined training. Hoehn said the United States is helping its allies transform their military capabilities as the U.S. military transforms its own. "The only way we'll be able to do that is when we work together with them," he said.

Hoehn also said it's vital to dispel the rumor that the United States wants to punish those countries that opposed Operation Iraqi Freedom. "It really can't be overemphasized," he said. "This is not about our day-to-day relationships with other governments.

This really is strategic; it's long-term," he continued. "It's about getting it right for the decades."

Hoehn stressed that any proposed changes would take place over several years to minimize as much as possible impacts on communities and troops. He warned people not to expect one main rollout that spells out all upcoming changes.

'This is a process that's going to unfold over years, not months," he said. "I don't know that you'll ever see a large announcement."

However, he added, officials hope to begin making decisions in coming months so the process can get started.

The bottom line, Hoehn stressed, is that this is a much broader issue than just where to base forces in the future. "This is a whole concept of how we are able to create environments where members of our services and their families can have the predictability and the lifestyle that they need," he said.

New avenue available for civilian information

AIR FORCE PERSONNEL CENTER - Civilian appropriated fund employees and prospective applicants can now get answers to questions about employment opportunities, benefits and entitlements and more online at the Air Force's Customer Service Center.

A new database, located at www.afpc.randolph.af.mil/cst, includes hundreds of questions and answers allowing users to find explanations personally rather than waiting on the phone or reviewing long documents on the various web

For employment on-line inquiries, users who don't find an answer to their specific question can submit a query online through the "Ask-A-Question" tab at the top of the

People who need to speak to someone directly about their employment opportunities or benefits can call (800) 616-3775.

Civilians should notice pay increase

RANDOLPH AIR FORCE BASE, Texas — Air Force civilian employees soon will see extra money in their paychecks.

An executive order was signed by the president March 3 authorizing a pay adjustment retroactive to Jan. 11.

Air Force Personnel Center officials here will begin loading new pay tables into the system beginning March 11. But as in 2003, not all employees will receive the retroactive pay at the same time.

Most general-schedule employees will see the increase plus a retroactive lump-sum in their paychecks by May, said personnel offiFor more information

To view locality pay increases by location for generalschedule employees, visit www.opm.gov/oca/compmemo/2004/ATT2-04.asp.

Employees should check with their civilian personnel offices if they have questions or need more information. The Kadena civilian personnel flight can be reached at 634-

cials. It may take longer for employees who have personnel actions — like a promotion or step increase — since Jan. 11 to see the money.

Medical special-rate employees' records will be updated beginning March 19.

Federal-wage system and nonappropriated-fund schedules are not yet published. Those updates will be processed as soon as pay schedules are available, said personnel officials.

The increase averages .9 percent in locality pay, plus a 1.2 percent increase in base pay.

Courtesy of AFPC News Service



GETTIN' AIRPOWER OFF THE GROUND

Story and photos by Master Sgt. Brad Carder 18th Wing Public Affairs

enior Master Sgt. Gerald Crofutt loves NASCAR. Take a look around his office in the 18th Equipment Maintenance Squadron Aerospace Ground Equipment flight and the racecar driver's helmet and other racing memorabilia are obvious giveaways.

Maybe it's the speed. Maybe the power. Maybe the challenge.

Whatever it is that draws this senior NCO to the sport, it may have a little to do with his work. He is an AGE mechanic and AGE is about power – ground power.

As the AGE flight chief here, Senior Master Sgt. Crofutt and his team of more than 140 provide aircraft with electrical power needed to keep Kadena's aircraft flying.

How do they do it? The AGE flight maintains and services large diesel-powered electrical generators that provide a stable flow of electricity when Kadena's or another base's aircraft are on the ground here.

Aircraft maintainers need the AGE power to perform maintenance on the planes between flights or during more detailed maintenance inspections.

But, electricity isn't the AGE flight's only game.

Besides generators, the flight provides a host of other

services used on Kadena's flight line.

That translates into a large amount of equipment that each mechanic must be able to maintain, operate and service.

Air conditioners, hydraulic test stands, bomb lifts, air compressors, aircraft jacks, liquid oxygen and nitrogen carts, as well as wide range of maintenance stands are just some of the equipment that keeps the AGE flight jumping.

Also included in the AGE inventory are electrical generators powered by small jet engines, known in the AGE world as the -60 (that's Dash Sixty).

For Airman 1st Class Jorge Solis, this is where it gets fun. "I like to work on the -60 because many people think they're complicated," said the Texas native. "I've got them down pretty good, but I can always learn more."

Learning more is a constant challenge every AGE mechanic faces. Staff Sgt. Shaun Harris recently arrived here from Eglin Air Force Base in Florida.

He said the 18th Wing mission always keeps his AGE team busy and training is essential for success. "A lot of our training is really on-the-job training." He said a good training program is key for AGE mechanics due to the fast pace of the job and the wide range of equipment they maintain

After more than 24 years as

an AGE mechanic, Sergeant Crofutt says Okinawa produces some unique challenges for his AGE teams.

First, there is the salt air from the surrounding waters that eats away at every piece of AGE he is responsible for. To combat the devastating effects of the salt, the flight strips and paints more than 250 pieces of AGE each year to fight back the corrosion.

He said that saves the Air Force about \$6.4 million annually in equipment replacement

Then, there are the typhoons. Each time a storm takes aim at the island, his AGE mechanics round up all of Kadena's AGE equipment and secure it from the devastating winds. "We find it all," Senior Master Sgt. Crofutt said. "It's quite a sight."

But, for Senior Master Sgt. Crofutt, it's more than just the flight line and aircraft and equipment. It's the people, too. "I want them to leave here with a good attitude about the Air Force," he said. "That's important." Maybe as important as the equipment they maintain.

And, maintain they do. Supporting Kadena's flying mission with more than 1,200 pieces of AGE equipment worth about \$30 million, Senior Master Sgt. Crofutt and his team are constantly in motion – kind of like those racecars he likes.



Senior Airman Syneva Staley performs scheduled maintenance universal aircraft towbar.











(CLOCKWISE FROMTOP)

SPARK: Airman 1st Class Joshua Wiese cleans the surface of an aircraft wing jack with an air-powered sander.

POWER: Tech. Sgt. John Hosino performs an operational check on an aircraft handler.

COVER: Senior Airman Melissa Padilla installs a scuff cover on a -60 bleed air hose.

SPRAY: Airman 1st Class Jorge Solis uses a pressure washer to clean up a -60 generator set.

WEEKLY WRAPUP OF THE TOP STORIES AROUND THE AIR FORCE



Gettin' down n' dirty



Air Force/ Master Sqt. Efrain Gonzalez

LACKLAND AIR FORCE BASE, Texas -- Basic trainees crawl through muddy obstacles as they attempt to navigate the combat tactics course at Warrior Week's training ground here. The training during Warrior Week prepares trainees for the possibility of worldwide deployment almost immediately upon arrival at their first duty station. The trainees are in their fifth week of training and are one week away from graduation.

Air Force begins full-scale assault assessment

By Master Sgt. Scott Elliott Air Force Print News

WASHINGTON — Allegations of sexual misconduct at the Air Force Academy and Sheppard Air Force Base, Texas, have prompted the Air Staff to direct an Air Force-wide review of its policies, procedures and victim programs.

Officials at each Air Force major command have formed sexual-assault integrated-process teams to survey and assess the activities at each of their bases, said Maj. Gen. John Speigel, director of personnel policy at the Pentagon.

"The (officials) put their teams together to go out and assess each of their bases and look at procedures to ensure we have the right mechanisms and policies in place," he said.

Deployed locations will also be surveyed.

"We are concerned about the medical support that's available ... to ensure that victims are taken care of in a timely and caring manner," the general said.

The teams have until April 9 to turn in their findings, General Speigel said. Those results will then be compiled into a "game plan" for presentation to the Air Force's four-star generals at the Corona conference in May.

"Sexual assault is a crime. It also breaks down teamwork, unit cohesion and morale," General Speigel said. "All of that (affects) our readiness, and that's why we find this such a troublesome issue."

The Air Force is not immune to sexual assault because it is reflective of the American society where this too is a problem, the general

"We're appalled at the notion of any rapes or sexual assaults in our Air Force," he said. "But we recognize this as a societal issue as well, and we need to dig into it and figure out what we're doing right, what we're doing wrong, and then fix it."

General Speigel said the 18 to 25 age group is the one most susceptible to sexual assault, but Air Force training helps offset that trend

"Our Air Force is probably the safest spot (for them)," he said. "We take America's society, and all the diversity it brings, and we mold and shape these new recruits in basic military training.

"The result of that, the standards we want and expect for our Air Force men and women, is one that is higher than what is in the civil sector," General Speigel said. "That standard we shouldn't apologize for. That's why we need to work this problem very diligently."

Sexual assault is not just a crime against an individual, but it is also an assault on unit readiness, General Speigel said.

"This is a commander's issue," he said. "This deals with unit cohesion. This has to deal with morale and esprit de corps. You have to be able to trust your wingmen, and you shouldn't fear them.

"Leadership has stepped forward," General Speigel said. "At the end of the day, when we really dedicate ourselves to it, like any Air Force problem, we can fix it; we just have to work at it."

Roche requests Army nomination be withdrawn

WASHINGTON — Secretary of the Air Force Dr. James G. Roche is no longer in the running for the vacant secretary of the Army job.

Secretary Roche requested March 10 that Secretary of Defense Donald Rumsfeld withdraw the nomination. President George W. Bush nominated Secretary Roche for secretary of the Army on July 7 but the Senate Armed Services Committee had



ROCHE

yet to report on the nomination to the full Senate for a vote.

"Given the range of issues before the Senate in a busy legislative year, I accept that my nomination is unlikely to be considered this year," Secretary Roche said. "In the interest of the Department of Defense, I decided it was best that I withdraw from further consideration.

"I intend to apply myself to the full range of important matters facing the Air Force, including the fine Airmen who are serving our country so proudly," Secretary Roche said.

In acknowledging Secretary Roche's decision, Secretary Rumsfeld said, "Jim Roche has served ably as secretary of the Air Force and would have been a first-rate secretary of the Army. I look forward to continuing to work with him."

Force protection troops keep eyes open in Iraq

By Tech. Sgt. Bob Oldham 407th Air Expeditionary Group Public Affairs

TALLIL AIR BASE, Iraq - With service and delivery contracts totaling more than \$1.2 million and about 160 local nationals or third-country nationals on base at any one time, someone has to keep an eye on the workers.

That duty falls to a team of about 50 airmen and NCOs assigned to the force protection section of the 407th Civil Engineering Squadron.

"(The team is) extremely valuable," Senior Master Sgt. Bobby G. Castleman, chief of maintenance engineering and force protection team superintendent deployed here from Kadena, said. "Tallil Air Base cannot function alone. Vendor supplies, water deliveries, replacement equipment parts, contractor support, etcetera is needed."

The force protection team consists of airmen from a variety of career fields who volunteer for the duty and keep a watchful eye on LNs and TCNs while they are on base working, according to Staff Sgt. Christina Common, assistant NCO in charge of the force protection team. Sergeant Common is deployed here from Wilford Hall Medical Center at Lackland Air Force Base, Texas, where she normally works as a surgical technician.

On any given day, a team member could be assigned to escort contractors as they pick up trash around base, or they could be selected to watch contractors clean latrines and showers within tent city.

While some duties are better than others, almost all agree that "Turdzilla" duty ranks right at or near the top, according to Staff Sgt. Thomas Olson, an F-16 crew chief deployed here from Luke Air Force Base, Ariz. Turdzilla is the name affectionately given to the contractor's septic tank trucks that are driven around base to empty Porta-Johns.

It takes less than six hours for contractors to service the required stops on the 'Zilla run. Other escorts, such as the laundry contractors, can kill 14 hours of a force protection Airman's day.

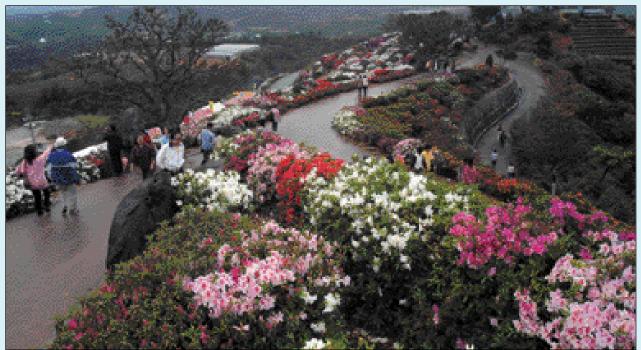
As Airmen monitor work, they're also alert to any potential terrorist activity. Team members are assigned to watch the employees to verify they have no weapons, don't use any communication devices or write information about where they work or what they see while on base.

"For the most part, (LNs and TCNs) are happy to have a job, making money," Sergeant Olson said. "We have had some who've asked way too many questions like 'What goes on inside of buildings?' That throws up red flags. Some might want to go to a certain area that they're not supposed to and that also throws up red flags."

Without the force protection team, base leaders have two options. They could pull Airmen from their day-to-day duties to perform the escort duties, or Airmen would be tasked with additional duties, such as cleaning latrines and showers on a daily basis.

"Our mission is critical, and our people are accomplishing it everyday in a tough environment," Sergeant Castleman said.





Air Force/ Master Sqt. Adam Johnston

Azalea Festival

Attendees at the 22nd Higashi Village Azalea Festival stroll through more than 50,000 azaleas of various colors at Azalea Eco Park in Higashi Village. The festival which began March 7 ends Sunday. The park is open from 10 a.m. until 4:30 p.m. Admission is 200 yen for adults and 100 yen for children six to 12. Admission is free for children under six. The park is located on the northern end of Okinawa above Camp Schwab.

Kadena Activities

Souls will play a free concert at the Kadena Officers' Club March 27 beginning at 8 p.m. Patrons must be 20 years of age or older to attend. For more information, call 634-3663.

Photo contest: 18th Services Squadron officials recently announced plans to hold a photo contest until June 1. Photos taken during any Services activity, event, program, or facility such as: a sporting event at the Risner Fitness Center or a day out at Okuma, are eligible for the contest. The winner will receive \$500-worth of gift certificates. Photos can be dropped off at the Services Marketing Office, Building 435 along with the contestant's name, phone number, rank (if applicable) and pictures title/description.

Discover classes: Visit the Schilling Community Center and sign up for one of the following Discover classes: Karate, Calligraphy, Rinkin Band, a local tour or aolf.

Kadena ITT

Local Tours

Shuri Castle and Shikina En, 9 a.m. to 4 Saturday: p.m. Cost is \$22 for adults, \$14 for children ages seven to 15, \$5 for children ages six and under.

• Whale Watching Tour, 8:30 a.m. to 6 p.m. Cost is \$84 for adults, \$57 for children.

Sunday: Tunnel Rats Tour, 9 a.m. to 5 p.m. Cost is \$15 for adults and \$10 for children ages six to 12 and \$5 for children under six.

· Kimono Shopping Tour, 9 a.m. to 4 p.m. Cost is \$15 for adults, \$10 for children ages six to 12.

Wednesday: Tea Ceremony, 6 to 9 p.m. Cost is \$23 for adults.

March 26: Taste of the Town, 6 to 9 p.m. Cost is \$39 for adults, \$27 for children ages 14 to 19, \$15 for children ages six to 13 and \$5 for children under six.

International Tours

April 1-9: Explore China, See the Forbidden City and Tiananmen Square in addition to many other landmarks, including the Great Wall. Package includes airfare, hotel for eight nights, China visa, some meals, tours and an English speaking tour guide. Cost is \$2,585 for adults (double occupancy - single add \$258), \$2,006 for children ages two to 11 (w/extra bed), \$1,871 for children ages two to 11 (without extra bed), \$722.50 for infants.

April 3-12: Sydney, Take a trip to Down Under and

see various sites such as Watson's Bay, Bondi Beach and ride a four-wheel drive vehicle through a tropical rainforest on the Blue Mountains. Package includes airfare, hotel for seven nights, breakfast, Sydney city tour, Matilda lunch cruise, Blue Mountains tour and more. Cost is \$1,651.50 for adults (double occupancy - single add \$342), \$1,499 for children (ages two to 11) with one adult, \$1,195 for children with two adults and \$717 for infants.

Clubs

March 22: Banyan Tree closed for maintenance from 6 a.m. to midnight.

Kadena Librar y
March 27: Suessentennial Party, begins at 9:30 a.m. Children ages three to six are invited to celebrate Dr. Seuss's 100th birthday. Three Dr. Seuss books will be read and all children will receive coupons and be eligible for prizes. For more information, call 634-1502.

Kadena Ar ts & Craf ts

Fridays: Activity Day, 4:30 to 5:30 p.m. Kids can play games and get creative. Open to ages 6-8.

Schilling Community Center

March 20: Cards and Comic Show, 10 a.m. to 6 p.m. Tables are available to vendors on a first-come, firstserved basis for \$5.

March 22: Japanese Fine Art and Crafts, Shop from an assortment of gold leaf, bamboo dolls, ironware and other beautiful and unique items.

Family Supportt Center

Monday: Money Management, 8 to 11 a.m.; Basic Japanese, 6:30 to 8 p.m.

Tuesday: Bundles for Babies, 8 to 11:30 a.m.; Smooth Move, 9 a.m. to noon; Secrets to Financial Success, 5 to 6:30 p.m.

Wednesday: Unaccompanied Newcomers Tour, 8 a.m. to 3:30 p.m.; Washi Class, 1 to 2:30 p.m.

Thursday: Scrapbook Class at the Hershey TLF, 10 a.m. to noon; Ikebana, 1 to 1:40 p.m.



Patrons should call Keystone Theater at 634-1869 or Butler Theater at 645-3465 to verify movie titles, showtimes and rat ings.

Keystone Theater

Tonight: 6 p.m., Starsky and Hutch, PG-13; 9 p.m., Welcome to Mooseport, PG-13

Saturday : noon, Welcome to Mooseport, PG-13; 4 p.m., The Butterfly Effect, R; 7 p.m., Starsky and Hutch, PG-13

Sunday : noon, Welcome to Mooseport, PG-13; 4 p.m., Starsky and Hutch, PG-13

Monday: 7 p.m., Torque, PG-13

Tuesday: 7 p.m., The Butterfly Effect, R

Along

Wednesday: 7 p.m., Came Polly, PG-13 Thursday: 7 p.m., Twisted,

March 26: 6 p.m., Twisted,

R; 9 p.m., Cold Mountain, R

Foster Theater

Today: 7 p.m., Torque, PG-13; 10 p.m., Twisted, R

Saturday: 1 p.m., Peter Pan, PG; 4 p.m., Torque, PG-13; 7 p.m., Twisted, R; 10 p.m., The Butterfly Effect, R



Chapel

Mon.-Fri. : Mass, noon at Chapel 2 Saturday: Confession, 3:30 to 4:30 p.m. at Chapel 2; Vigil Mass, 5 p.m. at Chapel 2

Sunday: Mass, 8:45 a.m. at Chapel 3; 12:30 p.m. and 5 p.m. at Chapel 1

Protestant

Wednesday: Bible Study at 7 p.m. at Chapel 1.

Sunday: Inspirational, 8:30 a.m. at Chapel 2; Liturgical, 8:45 a.m. at Chapel 3; Evangelical, 9 a.m. and 10:45 a.m. at Chapel 1; General Protestant, 10:30 a.m. at Chapel 3; Gospel, 10:30 a.m. at Chapel 2; Sunday school at 10:45 in Bldg. 326 and Bldg. 327

Hindu service: noon on Mondays at

Chapel 1

Eastern Orthodox service: call 645-

7486

Jewish services: call 637-1027 Islamic services: call 636-3219





Sport Standings

Racquetball 18 SFS 18 OSS (A) Det. 1, 554 18 LRS 18 CES 18 CS **733 AMS Division 2** VP9 (B) VP9 (A) 353 OSS 18 MSS **18 MOS** 18 OSS (B) Volleyball Division 1

| Team 733 AMS 18 CES 18 LRS DODDS (A) | <u>W</u> 4 3 3 3 | <u>L</u> 0 1 1 |
|--|------------------------------|-------------------------|
| 18 EMS | 1 | 3 |
| 18 CS (A) | 1 | 3 |
| 18 SVS | 0 | 3 |
| 18 CMS (A) | 0 | 3 |
| Division 2 | | |
| <u>Team</u> | w | <u>L</u> |
| 390 IS | 5 | 0 |
| 353 OSS | 3 | 0 |
| 909/961 | 3 | 0 |
| 18 CMS (B) | 3 | 1 |
| 18 CPTS | 2 | 2 |
| 623 ACF | 2 | 3 |
| 18 CS (B) | 1 | 2 |
| DODDS (B) | 1 | 4 |
| | | |

SOURCE: 18th SVS fitness center staff (current as of Wednesday)

18th EMS tops 18th CS 57-54 to claim intramural basketball title

By 2nd Lt. Timothy Lundberg 18th Wing Public Affairs

In a battle to the finish, the 18th Equipment Maintenance Squadron beat the 18th Communications Squadron, 57-54 during the men's intramural basketball championship at the Risner gym March

With only a minute and ten seconds remaining in the game, Elvin Davis, 18th EMS's strong forward, hit a free throw - forcing the 18th CS to try for a three point play that it missed.

Mark Childs, assistant coach for the 18th EMS, said his team was able to capitalize off the fact that their opponent's playmakers were in foul trouble.

"We got their guards into foul trouble and that kept their key players out of the game," he said.

Childs also attributed the team's success to teamwork

"When the season began we were just five individuals," he said. "As the season progressed the team $\frac{1}{2}$ came together to create a championship product."

The 18th EMS' victory was its third victory this year against the high-ranked 18th CS.

Timothy Jones, the coach of the 18th EMS, talked about how close the two teams were.

The 18th CS's coach, Kevin Brockman, also talked about how competitive the last two meetings between the two teams have been.

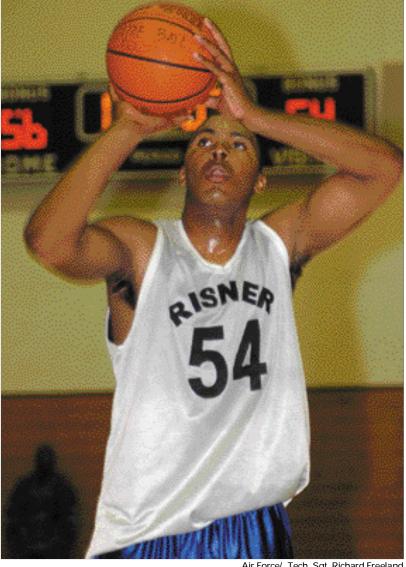
"We played the 18th EMS once in the regular season – it was a hard-fought game that went into overtime; we also played them one other time in the tournament and lost by six," he said.

The championship matchup between the two was especially close – coming down to the final shot.

The 18th CS battled back from a half time deficit of eight points, and, at one point, it trailed by 15

Coach Brockman attributed a lack of rebounding as the main reason they were unable to rally up enough points for the win.

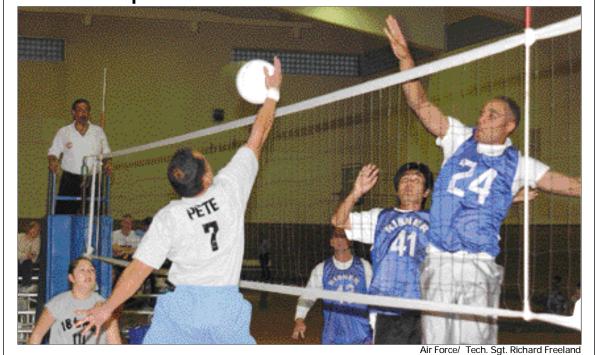
We were out rebounded every game," he said. They came away with more and more offensive rebounds. We were pretty much one-and-done on the offensive end."



Air Force/ Tech. Sqt. Richard Freeland

Elvin Davis shoots a free throw to seal the final point of the game as the 18th Equipment Maintenance Squadron squeeked by the 18th Communications Squadron 57-54 during the intramural basketball championship game March 10.

18th SVS squares off with 18th LRS



SAVE: Pete Sagisi (7) keeps the ball in play for the 18th Logistic Readiness Squadron as Tarik Abdulaziz (24), 18th Services Squadron, sets up for a possible block during an intramural volleyball matchup at the Risner Fitness Center gym March 8. The 18th LRS went on to win the first game

SPIKE: Brent Baker, 18th Services Squadron, spikes the ball into the 18th Logistic Readiness Squadron's open territory during the matchup.



Airmen win two gold medals at Armed Forces wrestling championship

SAN ANTONIO — Steven Woods, of the 10th Services Squadron at the U.S. Air Force Academy, Colo., won the 74-kilogram (163-pound) weight class in Greco-Roman wrestling at the 2004 Armed Forces Wrestling Championships.

Kevin Hoy, of the 10th SVS, won the 120-kilogram (264.5-pound) weight class in freestyle wrestling. The championship event was March 4 to 8 at Naval Air Station New Orleans.

In his first match, Woods defeated second-ranked Keith Sieracki of the Army, 4-2. His second match was against sixth-ranked Curtis Barnes from the Marine Corps.

After winning this match, 4-3, he won his final match against the Navy's Jason Nichols with a decisive 14-0 technical superiority score.

Jacob Hey, of the 21st SVS at Peterson Air Force Base, Colo., and Corey Farkas, of the 10th SVS, won silver medals in the Greco-Roman Championship.

Hey competed in the 60-kilogram (132-pound) weight class, and Farkas competed in the 120-kilogram (264.5-pound) weight class.

Hoy defeated the Army's Paul Devlin, 5-4 in his first match. He then went on the beat Josh Feldman of the Navy, 7-4, and Frank Workman from the Marine Corps, 7-5.

Christopher Bennett, of the 960th Airborne Air Control Squadron at Tinker AFB, Okla., won a silver medal in the 66-kilogram (145.5-pound) Freestyle.